

Baptist Memorial Hospital-DeSoto Community Health Improvement Plan

Baptist Memorial Health Care developed a community health improvement plan (CHIP) to guide community benefit and population health improvement activities across the Memphis Metro Service Area. Baptist's CHIP builds upon previous health improvement activities, while recognizing new health issues and concerns and a changing health care delivery environment, to address the region's most pressing community health needs. Below are specific activities that Baptist Memorial Hospital-DeSoto will carry out in support of the system-wide plan.

Health Priority: Behavioral Health

Baptist Goal: Improve outcomes for residents with a mental health or substance abuse condition and their families.

Baptist Objectives:

- 1) Increase the number of residents who are screened for depression and mental health conditions.
- 2) Develop or continue collaboration with community agencies that provide mental health and substance abuse support services to reduce suicide and drug-induced death rates.
- 3) Educate residents about warning signs for mental health conditions and substance abuse, including Alzheimer's disease.

Baptist Memorial Hospital-DeSoto Strategies:

- 1) Partner with Parkwood Behavioral Health System and Region IV Mental Health Services to provide educational handouts for community groups with information and resources for care.
- 2) Sponsor school health programs focusing on suicide prevention and healthy lifestyles.
- 3) Partner with the Junior Auxiliary of DeSoto County to provide weekly support groups and tutoring for low income elementary and middle school students.
- 4) Hold a community forum to provide education about behavioral health conditions.
- 5) Provide educational information about mental health conditions among the senior population.

Health Priority: Cancer

Baptist Goal: Provide early detection and treatment to reduce cancer mortality rates and improve quality of life for patients living with cancer.

Baptist Objectives:

- 1) Provide free or reduced cost screenings and services, especially targeting low-income, at-risk, and minority populations.
- 2) Increase residents' awareness of the benefits of cancer prevention, screenings, and early treatment.

Baptist Memorial Hospital-DeSoto Strategies:

- 1) Partner with the American Cancer Society and other community partners to increase public awareness of cancer risk, prevention, and screening.
- 2) Participate in and host educational forums to increase awareness of risk factors and prevention activities.
- 3) Provide free smoking cessation classes.
- 4) Hold monthly support groups for cancer survivors and their families.
- 5) Provide free or reduced cost mammography screening for at-risk and uninsured women.

Health Priority: Chronic Disease Management and Prevention

Baptist Goal: Reduce risk factors for chronic disease and improve management of chronic disease through healthy lifestyle choices.

Baptist Objectives:

- 1) Provide education about healthy lifestyles and risk factors for disease.
- 2) Encourage physical activity among residents.

Baptist Memorial Hospital-DeSoto Strategies:

- 1) Provide education and screenings for health risk factors related to chronic disease.
- 2) Collaborate with community partners to promote physical activity.

Health Priority: Maternal and Child Health

Baptist Goal: Improve birth outcomes for women and infants.

Baptist Objectives:

- 1) Increase the proportion of women who receive early and adequate prenatal care.
- 2) Increase the proportion of infants who are breastfed.

Baptist Memorial Hospital-DeSoto Strategies:

- 1) Collaborate with community partners to provide prenatal education.
- 2) Provide free baby education classes to new parents.
- 3) Provide smoking cessation classes to pregnant mothers.